

Catholic Life and Cultural Capital



Aspiration

“For nothing will be impossible with God.” Luke 1:37

Belief

I have come into the world as light, so that whoever believes in me may not remain in darkness. John 12:46

Compassion

“So whatever you wish that others would do to you, do also to them Matthew 7:12



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- **5. Picture News (Protected Characteristics & British values)**

Dear Lord,

Help us in our **Faith** to offer **Friendship** and **Forgiveness**
to those around us.

To be **Ambitious** for ourselves and others and be
Adaptable to change

Help us to demonstrate our **Integrity** and **Independence**
in thought and deed

Enable us to **Trust** in and be **Tolerant** of others

May we be **Honest** and **Humble** as we act in your name

Amen





**You must be
15+**

**Travel to
France as a
youth pilgrim**

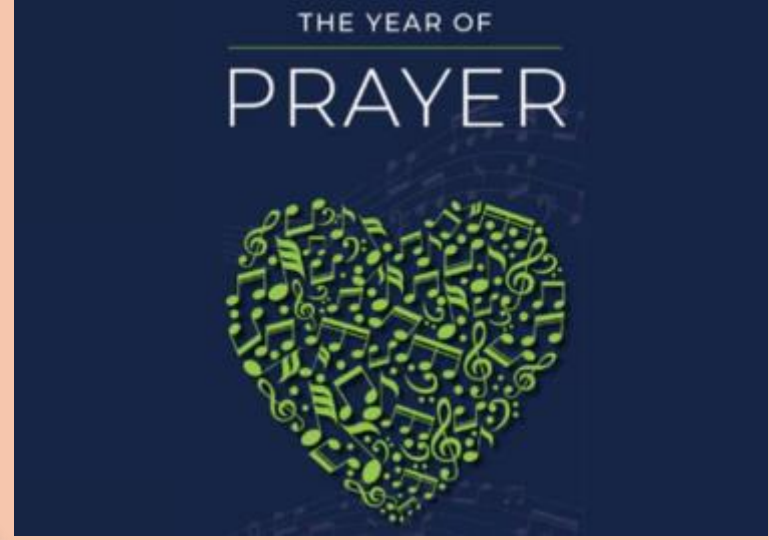
***Thinking about the Lourdes pilgrimage
next summer?***

***Speak to the Chaplain, Ms Lalley, for more
information.***

Applications open 7 Oct.



**Pray with your
Prayer Card to
prepare for
2025**





BLACK HISTORY MONTH



RECLAIMING
NARRATIVES



St Vincent
de Paul Society

England and Wales

Turning Concern into Action

YOUTH SVP



**Stop by the Chapel 1:30
Wednesdays lunchtime to
join in!**

Bring in something for the Shoebox Appeal!!

- Each form makes up at least one shoebox together. Everyone is invited to make more!
- **Due Tuesday, 12 November**
- Chaplaincy Reps help to organise and deliver the shoeboxes
- Bring filled shoeboxes to the Chapel
- Reward for the Form with the most shoeboxes!





National Baking Week



Year 11 attended
Mass to pray together
at St Mary's.

*Thank you to Fr Dooley
and the parishioners for
their warm welcome.*



**It's not too late to
donate to CAFOD
Fast Day!**

Students and teachers fasted on a
simple lunch & learned about
CAFOD's projects in the Democratic
Republic of Congo.

A big thank you from the CAFOD
Ambassadors!





**KEEP
CALM
IT WILL BE
HALF TERM
SOON**



Writer, London 1729-1780

||| **Discover** |||

IGNATIUS
SANCHO



INTERNATIONAL
DAY **for the**
ERADICATION
of POVERTY
17 OCTOBER



Congratulations to our amazing students who won awards at the St Helens Secondary School All Star Awards in the following categories.



Liam Barnes

Kind and Caring Student of the year

Darcey Malcolm

Sportsperson of the year

Niamh Campbell

Environmental Student of



Congratulations
also to Miss Allen
and Mr. Bate who
won at our
St Josephs CMAT
Multi Academy
Awards last week.



**Secondary Teacher
of the year**



**Secondary Leadership
Award**


CAREERS NEWSLETTER


This newsletter is a collation of all the opportunities we have heard about from employers and universities. Please use the links included to read more information and apply to anything you are interested in. Links are underlined.


OPPORTUNITIES


10th October is **World Mental Health Day**. This year's theme set by the World Federation of Mental Health is workplace mental health. The theme highlights the importance of addressing mental health and wellbeing in the workplace, for the benefit of people, organisations, and communities.

There are lots of ways that you can take part in World Mental Health Day. You can use the social media hashtag #WMHD2024 to see what companies are doing to celebrate and raise awareness, this may be wearing a green ribbon to show support, holding a Tea & Talk, or getting running an event to showcase how they support their employee's mental health.

 Talking is good for your mental health. And talking about mental health is important. But starting a conversation isn't always easy. Whether you'd like to talk to someone about how you're feeling, or check-in with someone you care about, here are some tips that can help.

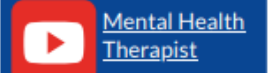
 Every year 1 in 4 of us will experience a mental health problem. Nearly 2 million are waiting for NHS mental health services, and since 2017 the number of young people struggling with mental health has doubled. Mind have set out the steps the new UK government must take towards a future where there's no mind left behind.

 If you're thinking of a career in mental health, here are some job roles that you may wish to consider: Mental Health Nurse | Child Psychotherapist | Occupational Therapist & Art Therapist

 In this video from the NHS, people with lived experience of mental health describe the "huge impact" that great mental health care had on their recovery and their lives, and some of our mental health nurses explain why there's "...no greater gift than supporting someone and seeing them prosper and flourish."

If you have any questions or need support, please email SEckersley@staugustine.sjcmat.co.uk

JOB OF THE WEEK



Mental Health Therapist

Mental Health Therapists are qualified professionals who treat the cognitive, behavioral, and emotional aspects of mental health conditions. They work with individuals, families, couples, and groups in a variety of settings. Watch the video to learn more about working hours, salary and qualifications needed.

LABOUR MARKET INFORMATION FACT

875,000 workers suffered from work-related stress, depression and anxiety in 2022/23.

This makes Mental Health the 5th most common reason for sickness/absence from the workplace in 2022.

Source

Careers Newsletter #6

This week you can find opportunities linked to World Mental Health Day, what a Mental Health Therapist does and Apprenticeship Applications on the Governments website.

MYPATH

**MENTAL HEALTH
THERAPIST**

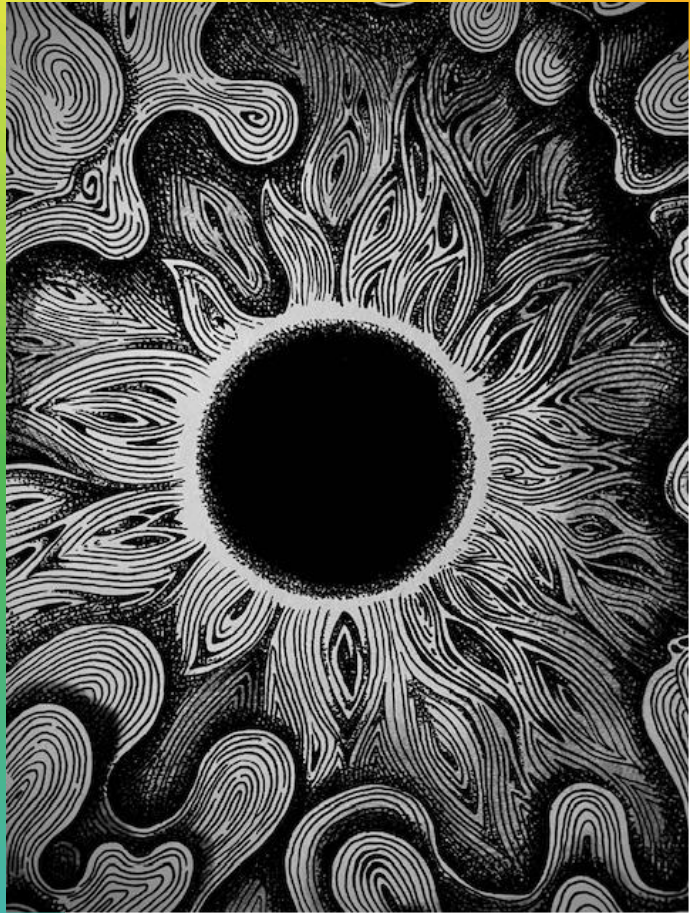


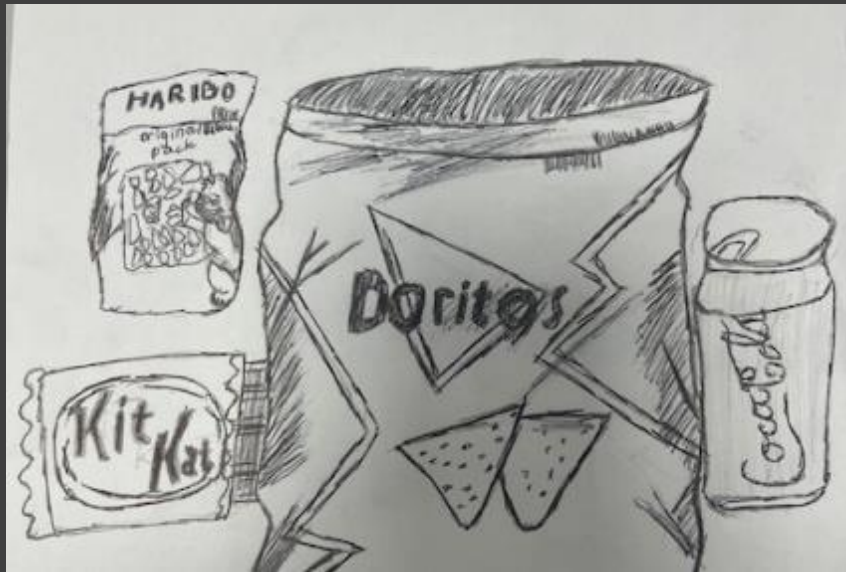


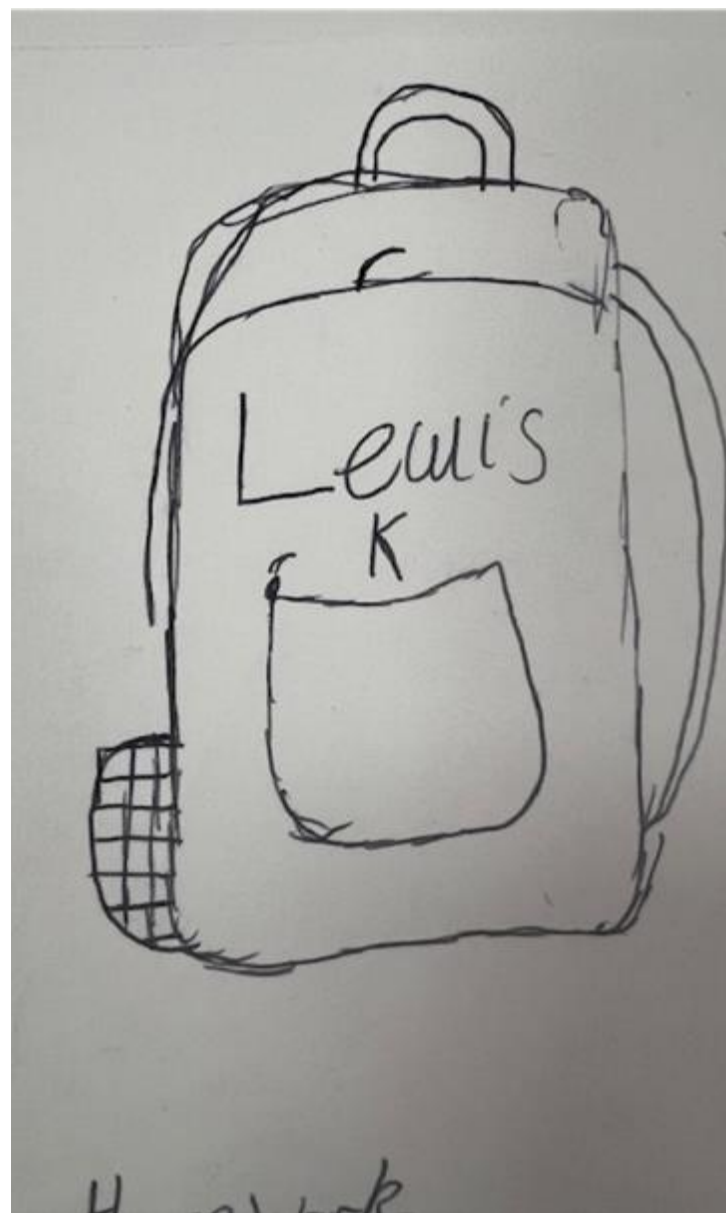


Inktober Week 2









VOICES NOW



FILM

MAKING

BOOT

CAMP

CHESTER LANE LIBRARY

Get involved in something new this half term!

See details on next slide or speak to Mrs Smith

CHESTER LANE LIBRARY

WITH **CAMERON JONES** LOCAL AWARD
WINNING FILMMAKER

**28TH, 29TH, 31ST OCTOBER,
1ST NOVEMBER**

13:00PM - 16:00PM

**11+
ADULTS WELCOME**

FREE

15 PLACES AVAILABLE!

DURING HALF TERM YOU WILL:

- LEARN THE BASICS OF FILMMAKING
- MAKE AND/OR STAR IN YOUR OWN SHORT FILM
- ATTEND A SCREENING OF YOUR FILM
- MEET PEOPLE FROM ALL WALKS OF LIFE AND SHARE YOUR CULTURAL EXPERIENCES

**SIGN UP AT CHESTER LANE LIBRARY
OR VIA EVENTBRITE USING THIS QR CODE**



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ENGLAND**



Funded by
UK Government

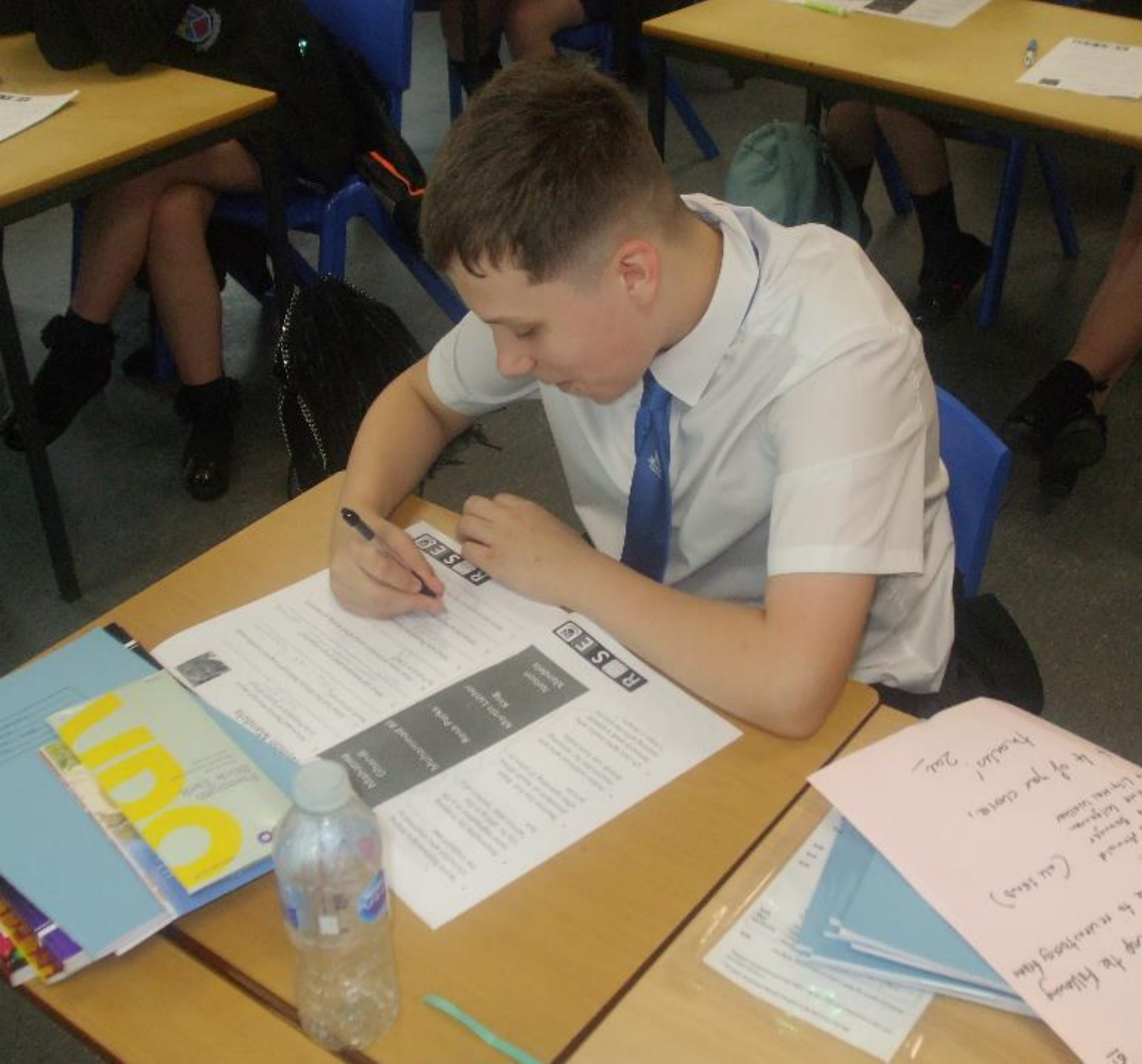
ST HELENS
BOROUGH COUNCIL



On Tuesday during PSHE all students learned about black History month as we celebrated the Protected Characteristic of race to raise awareness. Each year group then studied a different black person from history in more detail.

These were:

- Year 7 – rosa Parks
- Year 8 – Martin Luther King
- Year 9 – Nelson Mandela
- Year 10 - Mahatma Gandhi
- Year 11 -Muhammad Ali



Our year 7 Rugby team played a friendly match against Cowley last week.

The lads played some ice rugby with some great tackling on show. They certainly showed a large amount of improvement from the rugby tournament 2 weeks ago.

Mr Eaves.





Netball Festival – Tuesday 8th October

Well done to yr 8 girls who participated in their first netball tournament of the year.

Some great play with 2 draws and 1 narrow defeat (1 goal).

Don't forget practice every Wednesday - all welcome.

Mrs McDonnell



Special mention to **Lizy Okereke** who was voted player of the match by every team we played.



What's happening in the news this week?



Let's have a look at this week's poster!

14th - 20th October 2024

This week's story looks at events related to ...



Why do people give gifts?

UK Prime Minister, Sir Keir Starmer, has faced questioning and criticism recently for accepting free gifts. The Prime Minister has said he would continue to accept such gifts, despite the negative comments, stating that he is not doing anything wrong. Sir Keir, an Arsenal football fan, has also come under pressure for receiving thousands of pounds worth of football tickets. Although he is already an Arsenal season ticket holder, Sir Keir explained that security concerns mean he can no longer watch games from his usual seat in the stands.

Learn more about this week's story [here](#).
Watch this week's useful video [here](#).





Questions

Think about this week's story and share your initial response to and thoughts on the controversy of politicians receiving gifts. The poster image shows UK Prime Minister, Sir Keir Starmer, during the Premier League match between Arsenal and Wolverhampton Wanderers at the Emirates Stadium. Do you think these types of gifts should be allowed? Would you have liked this gift?





Vital statistics

Public data shows that the value of 'gifts, benefits and hospitality' declared by MPs was £1.3m in 2023, up from £483,507 in 2021. In that same period, the number of gifts received rose from 337 to 768. Can you think of any reasons why this might have increased?





The top five gift-givers to politicians since 2015 (in number of gifts) are: Heathrow Airport - 119; Premier League - 105; Betting and Gaming Council - 93; Lawn Tennis Association - 63; UK Music - 62. Why do you think these organisations gave gifts to politicians? Who else might be a gift-giver?



Reflection

There are many reasons why people give and receive gifts. The purpose of the gifting can influence what and how we choose to give or receive.





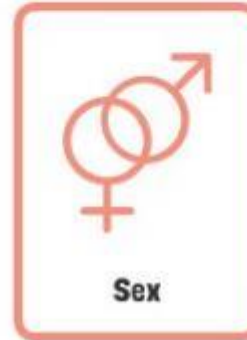
Rule of Law

The ministerial code is a set of rules that exists to ensure ministers act in the best interests of the general public. Rules can guide us on how to uphold values such as honesty and integrity.

Protected Characteristics



UK Prime Minister, Sir Keir Starmer is British; this is his nationality. As Leader of the government, he must ensure that people of all nationalities living in the UK are treated fairly.



Sex



Sexual Orientation



Age



Disability



Gender Reassignment



Marriage and Civil Partnership



Pregnancy and Maternity



Race



Religion or Belief



UN Rights of the Child



Countries have their own rules and laws, alongside the UN rights. When acting in the interests of children, adults and governments must apply the laws or rights that best protect or benefit the child.





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Please share any school news
or personal achievements
with us and inspire others to
take part and enjoy
everything your school has to
offer!