

Curriculum Implementation

Key Stage 2	Year 7	Year 8	Year 9	Year 10
 Pupils should know about self awareness, relationships, health and safety and community. Emotional well-being and careers. Healthy living. Rights and responsibilities. Physical health and well being 	<u>Term 1a</u> <u>Health & wellbeing</u> Transition and safety Transition to secondary school and personal safety in and outside school, including first aid <u>Term 1b</u> <u>Living in the Wider World</u> Careers, teamwork and enterprise skills, and raising aspirations	Term 1aLiving in the Wider WorldEquality of opportunity in careers andlife choices, and different types andpatterns of workTerm 1bRelationshipsDiscrimination in all its forms, including:racism, religious discrimination, disabil-ity, discrimination, sexism, homopho-bia, biphobia and transphobia	Term 1aRelationshipsMental health and emotional wellbeig, including body image and coping strategiesIterm 1bHealth & WellbeingHealth y and unhealthy friendships, assertiveness, substance misuse, and gang exploitation	Term 1a Health and Wellber Mental health and ill heal safeguarding health, inclue periods of transition or Term 1b Living in the Wider V The impact of financial dec gambling and the impact o on financial choic
 Drugs, alcohol and tobac- co, Health and prevention Basic first aid The changing adolescent body Skills Group work. ICT work. 	Term 2a Relationships Diversity, prejudice, and bullying LGBT+ Awareness Gender Equality Term 2b Health & Wellbeing Healthy routines, influences on health, puberty, unwanted contact, and FGM	Term 2aHealth & WellbeingAlcohol and drug misuse and pressures relating to drug useTerm 2bLiving in the Wider WorldOnline safety, digital literacy, media reliability, and gambling hooks	Term 2aLiving in the Wider WorldLearning strengths, career options and goal setting as part of the GCSE options processTerm 2bRelationshipsRelationships and sex education includ- ing consent, contraception, the risks of STIs and attitudes to pornography	Term 2a <u>Relationships</u> Relationships and sex exp pleasure and challenges, in impact of the media and p <u>Term 2b</u> <u>Health and wellbe</u> Mental health Mental hea health, stigma, safeguard including during periods of change
 Discussion. Oral and written presentation. Budgeting. Debating. First Aid skills Hobbies and interests 	Term 3a Living in the Wider World Saving, borrowing, budgeting and mak- ing financial choices Term 3b Relationships Self-worth, romance and friendships (including online) and relationship boundaries	<u>Term 3a</u> <u>Relationships</u> Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception <u>Term 3b</u> <u>Health & Wellbeing</u> Mental health and emotional wellbe- ing, including body image and coping strategies	<u>Term 3a</u> <u>Health & Wellbeing</u> Diet, exercise, lifestyle balance and healthy choices, and first aid <u>Term 3b</u> <u>Living in the Wider World</u> Employability and online presence	Term 3a Living in the Wider W Preparation for and evaluat experience and readinese Term 3b Relationships Communities, belor and challenging extre



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Year 11

Term 1a Living in the Wider World

Application processes, and skills for further education, employment an career progression

<u>Term 1b</u>

Relationships

Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse

<u>Term 2a</u>

Health and Wellbeing

Self-efficacy, stress

management, and future

opportunities

Term 2b

Relationships

Different families and parental responsibilities, pregnancy, marriage, forced marriage and changing relationships

<u>Term 3a</u> <u>Health & Wellbeing</u>

Responsible health choices and safety in independent contexts

<u>Term 3b</u>

GCSE Examinations